

March 27, 2020

Dear Northern Lakes Members,

As you know, we are closed until further notice. I will still be able to answer the center's messages, so, you may continue to call the center with questions or resources (1715-420-1700) or email (northernlakescenter@gmail.com). I will be working from home, Monday thru Friday 11-3, until we reopen. We have our Peer Specialists ready to assist you with your continued mental health recovery needs. **PLEASE**, do not hesitate to contact us!

Thanks to hard work and dedication, our **News Letter** will still be provided to us. This will be a wonderful way to stay connected and to get more information out to the members. With the extra time we all have, you may want to do some writing! If you've anything you want to submit, please, get in touch with Dan Rondello or Mary Lee Cox.

I am looking into other ways to have our support groups, via computer and phone, as my thought of having our meetings in a park are **DEFINELY** not a good idea! That is from Marta, at the Oneida County Health Department. I will let you know what I find out soon.

I am wishing you all good health and hope you are all working through this crisis **TOGETHER**! This is just what we've been working on at our center, **SUPPORT**! Please, use all of your tools and resources. But most of all stay connected with each other!

Keep in touch,

Linda Jacobson

